

SPORT RESULTS

Male	Female	Time	Pace	Bib	Name	City	Category	Posn
	1	0:31:03	5:10	5804	Ezekiel Williams	Cantley	M 15-19	1 of 6
	2	0:31:23	5:14	5956	Chris McMahnon	Ottawa	M 15-19	2 of 6
	3	0:31:27	5:15	5948	Cory Pomeroy	Ottawa	M 15-19	3 of 6
	4	0:31:29	5:15	5992	James Rigby	Ottawa	M 20-29	1 of 6
	5	0:32:36	5:26	5982	Carlos Arruda	Ottawa	M 40-49	1 of 6
	6	0:32:55	5:29	5809	Olivier Lebeau	Gatineau	M 20-29	2 of 6
	7	0:36:55	6:09	5814	Patrice Dore	Gatineau	M 30-39	1 of 13
	8	0:36:56	6:09	5868	Alan Grant	Ottawa	M 15-19	4 of 6
	1	0:36:59	6:10	5974	Danielle Deguire	Ottawa	F 30-39	1 of 19
	9	0:37:03	6:10	5997	Alex Hockler	Nepean	M 20-29	3 of 6
	10	0:37:05	6:11	5991	Patrick Van Walraven	Ottawa	M 15-19	5 of 6
	11	0:37:09	6:11	5802	Curtis Marchand	Masham	M 10-14	1 of 3
	12	0:37:14	6:12	5984	Jean Blain	Aylmer	M 50-59	1 of 4
	13	0:37:16	6:13	5953	Keith Selevich	Montreal	M 30-39	2 of 13
	14	0:37:18	6:13	5826	Livain Michaud	Gatineau	M 50-59	2 of 4
	15	0:37:21	6:13	5905	Carl Chenier	Ottawa	M 40-49	2 of 6
	2	0:37:33	6:15	5845	Ann Pauze	Gatineau	F 20-29	1 of 15
	16	0:37:52	6:19	5820	Anthony Howard	London	M 30-39	3 of 13
	17	0:37:54	6:19	5910	Mark Cantwell	Chelsea	M 40-49	3 of 6
	18	0:38:04	6:21	5994	Yan Michaud	Gatineau	M 30-39	4 of 13
	19	0:38:14	6:22	5985	Francois Belletete	Gatineau	M 20-29	4 of 6
	3	0:39:27	6:34	5842	Grace Harju	Ottawa	F 20-29	2 of 15
	4	0:39:32	6:35	5947	Nathalie Cote	Ottawa	F 30-39	2 of 19
	20	0:41:04	6:51	5808	Colin Reid	Petawawa	M 20-29	5 of 6
	21	0:41:13	6:52	5803	Jesse Williams	Cantley	M 10-14	2 of 3
	22	0:41:31	6:55	5828	Geoff Wonnacott	Kinburn	M 50-59	3 of 4
	5	0:41:35	6:56	5818	Rebecca Goostrey	Ottawa	F 30-39	3 of 19
	23	0:41:38	6:56	5811	Caetano Dorea	Glasgow	M 30-39	5 of 13
	6	0:42:20	7:03	5946	Catherine Duval	Ottawa	F 15-19	1 of 3
	24	0:42:21	7:03	5810	Russell Robertson	Ottawa	M 30-39	6 of 13
	25	0:42:34	7:06	5812	Ken Sylvan	Ajax	M 30-39	7 of 13
	7	0:42:35	7:06	5864	Sue Durfy	Chelsea	F 40-49	1 of 6
	8	0:42:56	7:09	5853	Tamara Sylvan	Ajax	F 30-39	4 of 19
	9	0:42:58	7:10	5859	Cheryl Dollard	Ottawa	F 30-39	5 of 19
	10	0:43:09	7:11	5850	Margaret Michalski	Ottawa	F 30-39	6 of 19
	11	0:43:17	7:13	5844	Jesse Blondin	Ottawa	F 20-29	3 of 15
	12	0:43:39	7:17	5846	Jody Overduin	Ottawa	F 20-29	4 of 15
	26	0:44:01	7:20	5817	Jamie Baynes	Ottawa	M 30-39	8 of 13
	13	0:44:08	7:21	5987	Marie-Claire Costugata	Ottawa	F 30-39	7 of 19

	14	0:44:17	7:23	5843	Cathlin Antonello	Ottawa	F 20-29	5 of 15
	15	0:44:27	7:24	5831	Azalea Walc	Penetanguishene	F 10-14	1 of 3
27		0:44:49	7:28	5813	Jean-Francois Rioux	Gatineau	M 30-39	9 of 13
	16	0:45:07	7:31	5851	Melanie Ferguson	Carleton Place	F 30-39	8 of 19
	17	0:45:09	7:32	5959	Fran Monni	Ottawa	F 20-29	6 of 15
	18	0:45:25	7:34	5830	Zoe Williams	Cantley	F 10-14	2 of 3
28		0:45:54	7:39	5819	Stephan Groleau	Gatineau	M 30-39	10 of 13
	19	0:45:56	7:39	5862	Sylvie Lamoureux	Gatineau	F 40-49	2 of 6
	20	0:45:58	7:40	5849	Jessica Webster	Ottawa	F 30-39	9 of 19
	21	0:46:13	7:42	5855	Creusot Isabelle	Magog	F 30-39	10 of 19
	22	0:47:18	7:53	5954	Katie McMahon	Ottawa	F 15-19	2 of 3
	23	0:47:23	7:54	5863	Mary-Ellen Macphee	Stittsville	F 40-49	3 of 6
29		0:47:24	7:54	5805	Matthew Macdonald	Stittsville	M 15-19	6 of 6
	24	0:47:30	7:55	5925	Colleen Coderre	Kingston	F 30-39	11 of 19
	25	0:48:49	8:08	5854	Ann Cowas		F 30-39	12 of 19
	26	0:49:54	8:19	5856	Dominique Keuthen	Ottawa	F 30-39	13 of 19
	27	0:49:59	8:20	5837	Evelyn Boy-Mena		F 20-29	7 of 15
	28	0:50:34	8:26	5861	Marg Meroni	Kanata	F 40-49	4 of 6
30		0:50:40	8:27	5822	Tim Morin	Gloucester	M 30-39	11 of 13
31		0:51:21	8:33	5825	Daniel Pereira	Kingston	M 40-49	4 of 6
	29	0:51:22	8:34	5829	Sophie Pereira	Kingston	F 10-14	3 of 3
32		0:51:35	8:36	5990	Jean-Francois Jourdain	St Basile-Le-Grand	M 30-39	12 of 13
	30	0:51:44	8:37	5852	Susannah Turnbull	London	F 30-39	14 of 19
33		0:52:05	8:41	5807	Ryan Cole	Ottawa	M 20-29	6 of 6
	31	0:52:15	8:42	5848	Allison Eckford		F 30-39	15 of 19
	32	0:52:32	8:45	5832	Taylor Bryce		F 15-19	3 of 3
	33	0:53:41	8:57	5949	Anne Chiarelli	Ottawa	F 40-49	5 of 6
	34	0:55:53	9:19	5839	Jasmeen Basra	Sharbot Lake	F 20-29	8 of 15
	35	0:55:59	9:20	5996	Nadine Maisoneauve	Gatineau	F 30-39	16 of 19
	36	0:56:47	9:28	5847	Jennifer Debenham		F 30-39	17 of 19
34		0:57:06	9:31	5887	Marc Turcotte	Ottawa	M 30-39	13 of 13
35		0:58:03	9:40	5827	Wayne Saunders	Gatineau	M 50-59	4 of 4
	37	0:59:15	9:53	5836	Ashlee Barbeau	Ottawa	F 20-29	9 of 15
	38	0:59:17	9:53	5841	Ashley Vanasse	Ottawa	F 20-29	10 of 15
	39	1:00:04	10:01	5834	Victoria Orlando		F 20-29	11 of 15
36		1:02:19	10:23	5801	Jesse Lamarche	Gloucester	M 10-14	3 of 3
37		1:02:25	10:24	5823	Steve Lamarche	Gloucester	M 40-49	5 of 6
	40	1:02:45	10:27	5833	Stephanie Ring		F 20-29	12 of 15
	41	1:02:51	10:28	5857	Terri Storey		F 30-39	18 of 19
	42	1:03:32	10:35	5838	Mara Berzins	Orono	F 20-29	13 of 15
	43	1:03:33	10:35	5835	Mallorie Malone	Newtonville	F 20-29	14 of 15

38	1:05:04	10:51	5998	Rick Lags	Ottawa	M 40-49	6 of 6
44	1:11:24	11:54	5858	Stephanie Whitmore		F 30-39	19 of 19
45	1:13:42	12:17	5958	Christine Fortier	Ottawa	F 20-29	15 of 15
46	1:18:21	13:03	5860	Carrie Marcotte	Ottawa	F 40-49	6 of 6

ENDURO RESULTS

Male	Female	Time	Pace	Bib	Name	City	Category	Posn
1		1:00:56	5:05	5945	Jean-Francois Gagne	Gatineau	M 30-39	1 of 21
2		1:01:28	5:07	5983	Martin Ladouceur	Ottawa	M 30-39	2 of 21
3		1:01:29	5:07	5955	Dave McMahon	Ottawa	M 40-49	1 of 10
4		1:03:06	5:16	5903	Les Walc	Penetanguishene	M 40-49	2 of 10
5		1:03:21	5:17	5869	Andre Marchand	Masham	M 15-19	1 of 3
6		1:03:54	5:20	5883	Jean-Philippe Dumont	Gatineau	M 30-39	3 of 21
7		1:05:31	5:28	5988	Jon Ruddy	Ottawa	M 20-29	1 of 12
8		1:05:41	5:28	5914	Sean Wolfe	Sainte-Julie	M 50-59	1 of 5
9		1:05:46	5:29	5891	Nathan Aligizakis	Ottawa	M 30-39	4 of 21
10		1:07:09	5:36	5880	Will Prodger	Toronto	M 20-29	2 of 12
	1	1:07:19	5:37	5928	Sherrie Kelly	Ottawa	F 30-39	1 of 8
11		1:07:27	5:37	5884	Philippe Lebeault	Morin-Heights	M 30-39	5 of 21
12		1:07:30	5:37	5889	Stephan Meyer	Ottawa	M 30-39	6 of 21
13		1:08:24	5:42	5901	Junior Maheu	Magog	M 30-39	7 of 21
14		1:08:38	5:43	5899	Eric Levasseur	Breckenridge	M 30-39	8 of 21
15		1:09:55	5:50	5975	Claude Savoir	Ottawa	M 30-39	9 of 21
16		1:10:53	5:54	5906	Steve Irwin	Kanata	M 40-49	3 of 10
17		1:11:19	5:57	5871	Dave Jones	Ottawa	M 15-19	2 of 3
18		1:11:44	5:59	5900	Bowman Wilker	Nepean	M 30-39	10 of 21
19		1:13:40	6:08	5882	West Boucher	Gatineau	M 20-29	3 of 12
20		1:14:00	6:10	5898	Tom Meers	Kingston	M 30-39	11 of 21
21		1:14:53	6:14	5909	Gilles Parisien	Cornwall	M 40-49	4 of 10
22		1:15:02	6:15	5870	Adam Macdonald	Stittsville	M 15-19	3 of 3
23		1:16:11	6:21	5885	Arif Aziz	Markham	M 30-39	12 of 21
	2	1:16:36	6:23	5923	Hélène Dumais	Montréal	F 20-29	1 of 3
24		1:16:41	6:23	5886	Vincent Fillion	Magog	M 30-39	13 of 21
25		1:17:26	6:27	5875	Leo Viger-Bernard	Montreal	M 20-29	4 of 12
26		1:17:55	6:30	5872	Bojan Uzicanin	Ottawa	M 20-29	5 of 12
27		1:18:12	6:31	5913	Gary McTavish	Merrickville	M 40-49	5 of 10
28		1:18:33	6:33	5904	Ken Grant	Ottawa	M 40-49	6 of 10
29		1:18:45	6:34	5902	Jonathan Smith	Ottawa	M 40-49	7 of 10
30		1:18:50	6:34	5979	Sidney Boisvert	Victoriaville	M 30-39	14 of 21
31		1:19:01	6:35	5993	Claude Marchand	Ottawa	M 50-59	2 of 5
32		1:19:10	6:36	5888	Dan Dore	Navan	M 30-39	15 of 21

33		1:19:56	6:40	5892	Tim Ferguson	Carleton Place	M 30-39	16 of 21
34		1:19:58	6:40	5878	Jonathan Kung	Gloucester	M 20-29	6 of 12
35		1:21:00	6:45	5879	Tim Ostrander	Ottawa	M 20-29	7 of 12
36		1:22:40	6:53	5890	Jason Demaine	Ottawa	M 30-39	17 of 21
	3	1:22:45	6:54	5924	Sophia Tsouros	Ottawa	F 30-39	2 of 8
37		1:22:50	6:54	5917	Larry Tait	Montreal	M 50-59	3 of 5
38		1:22:59	6:55	5894	Irv Marucelj	Ottawa	M 30-39	18 of 21
	4	1:23:45	6:59	5929	Caroline Lecompte	Morin-Heights	F 30-39	3 of 8
39		1:24:26	7:02	5867	Ben Watts	Ottawa	M 20-29	8 of 12
40		1:25:25	7:07	5881	Maelig Belsoeur	Montreal	M 20-29	9 of 12
41		1:26:36	7:13	5896	Scott Guyan	Smiths Falls	M 30-39	19 of 21
42		1:27:02	7:15	5874	Eric Bourbonnais	Ottawa	M 20-29	10 of 12
	5	1:27:05	7:15	5939	Catherine Sutherland	Montreal	F 40-49	1 of 7
43		1:27:18	7:16	5978	Geoff Langford	Ottawa	M 30-39	20 of 21
	6	1:28:21	7:22	5919	Jessica Metuzals	Ottawa	F 15-19	1 of 1
44		1:28:42	7:23	5907	Harold Geller	Ottawa	M 40-49	8 of 10
	7	1:29:10	7:26	5936	Andrea Moritz	Ottawa	F 40-49	2 of 7
45		1:30:10	7:31	5957	Mark Wigmore	Ottawa	M 50-59	4 of 5
	8	1:31:59	7:40	5937	Tina Melbourne	Brockville	F 40-49	3 of 7
46		1:32:14	7:41	5915	Locas Daniel	Gatineau	M 50-59	5 of 5
	9	1:32:17	7:41	5934	Leigh Macleod	Morin Heights	F 40-49	4 of 7
	10	1:32:18	7:41	5931	Valerie Pouliot	Gatineau	F 30-39	4 of 8
47		1:32:59	7:45	5876	Simon Duval	Ottawa	M 20-29	11 of 12
	11	1:34:26	7:52	5938	Monika Kern	Chelsea	F 40-49	5 of 7
	12	1:35:16	7:56	5941	Henny Coates	Vancouver	F 50-59	1 of 1
	13	1:35:23	7:57	5927	Stéphanie Malherbe	Ottawa	F 30-39	5 of 8
	14	1:35:24	7:57	5933	Christine Dube	Ottawa	F 30-39	6 of 8
48		1:38:49	8:14	5893	Tommy Jo St John	Vancouver	M 30-39	21 of 21
	15	1:38:51	8:14	5932	Alexandra Howard	Vancouver	F 30-39	7 of 8
49		1:39:55	8:20	6000	Rudi Wallace	Ottawa	M 20-29	12 of 12
	16	1:39:56	8:20	5921	Catherine Beach	Ottawa	F 20-29	2 of 3
	17	1:40:10	8:21	5920	Krystina Lewis	Ottawa	F 20-29	3 of 3
	18	1:41:43	8:29	5930	Nicki Lauzon	Orleans	F 30-39	8 of 8
50		1:41:57	8:30	5912	Fritz Glaeser	Smiths Falls	M 40-49	9 of 10
	19	1:46:45	8:54	5940	Patty Glaeser	Smiths Falls	F 40-49	6 of 7
	20	1:46:49	8:54	5935	Laura McAuley	Chelsea	F 40-49	7 of 7
51		1:46:51	8:54	5911	Rene-Louis Bourgeau	Ottawa	M 40-49	10 of 10

CHILDRENS CHALLENGE

Male	Female	Time	Pace	Bib	Name	City	Category	Posn
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	1	0:04:41	4:41	5960	Larry Tait	Montreal	F 10-14	1 of 2
1		0:05:07	5:07	5977	Lucas Wall	Penetaanguish	M Un-10	1 of 4
	2	0:05:16	5:16	5981	Shirley Desilva	Ottawa	F 10-14	2 of 2
2		0:05:34	5:34	5951	Ethan Selevich	Montreal	M Un-10	2 of 4
	3	0:06:04	6:04	5976	Chloe Wall	Penetanguish	F UN-10	1 of 3
	4	0:06:20	6:20	5866	Lilian Robertson	Ottawa	F UN-10	2 of 3
3		0:07:32	7:32	5980	Marc Thompson	Gatineau	M Un-10	3 of 4
4		0:07:35	7:35	5950	Keith Selevich	Montreal	M Un-10	4 of 4