



## Entry Form BC Interior Trail Running Series

### Get off the Road and Get on the Trails!

5 Peaks is Canada's Premiere Trail Running Series offering an exciting atmosphere, a challenging course, a competitive field, and an amazing off-road experience.

### Four Course Options

While the **Sport** course (5-6 km) is perfect for the beginner trail runner, our **Enduro** course (8-15 km), will continue to offer challenging runs, with a few new twists and turns! For those who just can't get enough trail running, the **1/2 Marathon** will meet their needs! \*offered at select locations only, distance may not be an exact 1/2 marathon measurement\* **The Scotiabank Children's Challenge** is open to children 10 and under, offering an official 1 km course.

#### Note:

- Registrants may switch races, or distances at anytime online through the registered racer area. Deadline for changes is the Wednesday at midnight prior to the race. NO race day changes will be allowed.
- The **Sun Peaks race** is a stand alone race and is not eligible for the multiple race or early bird discount registration promotions.

### Registration Information

**By Internet:** Register on-line at [www.5peaks.com](http://www.5peaks.com)

**By Mail:** Complete the entry form and mail with payment information to:

#### 5 Peaks Race Headquarters

4-700 St. Georges Ave.,  
North Vancouver, BC, V7L 4T1  
(ph. 604-988-2320)

**By Fax:** Fax your fully completed form with credit card payment information to 604-988-7984

### Participant Souvenirs!

- All racers participating in this race will receive a participant souvenir (approximate retail value of \$20.00), and will be eligible for hundreds of dollars worth of prizes.

### Race Start Time

Event	Race Check In	Scotiabank Children's Challenge	Sport Course	Enduro Course	1/2 Marathon
Sun Peaks	8:00 AM	9:30 AM	11:00 AM	11:00 AM	N/A

First Name \_\_\_\_\_ Initial \_\_\_\_\_ Last name \_\_\_\_\_

Apt. # \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ Prov., \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell/Business \_\_\_\_\_

Email \_\_\_\_\_

Date of Birth (mm/dd/yyyy) \_\_\_\_\_ Age on Race Day \_\_\_\_\_ Shoe Size \_\_\_\_\_ Sex \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Race Date	Venue	Sport	Enduro	Regular	Race Day
Jul-11	Sun Peaks Resort	<input type="checkbox"/>	<input type="checkbox"/>	\$42	\$50
Souvenir Technical Shirt (available for pick up at the race)					
<input type="checkbox"/> I would like to purchase a shirt (taxes included)				\$42.8	\$42.8
<input type="checkbox"/> Men's <input type="checkbox"/> Women's					
<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL					
Grand Total (GST included)					

Cash  Cheque  Visa  Mastercard

Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

#### Waiver and Release:

I acknowledge participating at my own risk and hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims no matter how arising I may have as a result of having participated in this event including without limitation, negligence. I expressly confirm my understanding that my participation in this event is entirely at my sole risk and that the organizers and sponsors of the event, and their respective officers, employees, agents, and all volunteers or other persons engaged in the production of the event or other wise associated with it shall have no liability for any damages sustained by me or any injury or loss, including personal or property loss, which I might suffer. I acknowledge that my image may be recorded (by video or photograph) during the events. I agree to the use of my name and image in broadcasts, newspapers, brochures, promotional material and other media without compensation.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Or of parent if under 19)

Bib # \_\_\_\_\_